

Our Services

Complete Concussion Management

The Arch Chiropractic Health & Performance Centre is now recognized by Complete Concussion Management Inc. (CCMI) and joins a network of clinics around the world offering evidence-based concussion care. From initial pre-season multimodal baseline testing to concussion treatment and rehabilitation, our partnered CCMI practitioners collaborate with primary care physicians to co-manage concussions, helping patients and athletes safely Return to Learn, Work and Play.



How Complete Concussion Management Works

Through collaboration between trained healthcare practitioners, educated coaches and trainers, and informed parents and athletes, the Complete Concussion Management system educates and empowers all those involved in sport to recognize concussions, and take the necessary steps to help an athlete safely return to sport.

What is a concussion?

A concussion is a brain injury caused by acceleration or deceleration of the brain within the skull following a significant impact to the head or elsewhere on the body. The impact causes a biochemical imbalance within the brain cells, resulting in decreased blood flow and temporary energy deficits within the brain. Symptoms may include loss of consciousness, headache, pressure in the head, neck pain, nausea or vomiting, dizziness, or balance problems, among others.

Concussion Treatment

Multimodal Baseline Testing

Multimodal baseline testing is a series of physical and cognitive tests that provides a pre-injury overview of healthy brain function. These tests can offer healthcare practitioners with an objective benchmark on which to compare should a patient sustain a concussion.

As concussion symptoms often disappear days to weeks before the brain has recovered, having valuable baseline information may help practitioners to make safer return to play decisions.

Book your baseline test at a CCMI clinic [here!](#)

Concussion Tracker Smartphone Application

Patients can view baseline test results, find recognized CCMI clinics, learn recovery tips and receive prescribed rehab exercises through the free [Concussion Tracker App](#). Coaches, trainers and teachers can administer an assessment of a suspected concussion, report the injury into a CCMI clinic, and track patient recovery. The app supports safe return to learn, work and play by allowing for seamless communication between sports teams, schools, parents and healthcare practitioners.

Download the Concussion Tracker App [here!](#)

Complete Concussion Management Network

The CCMI network of recognized clinics provide standardized, evidence-based concussion care to those impacted by, or at risk for concussion. All recognized clinics and practitioners are connected through a secure Electronic Medical Record (EMR) system, allowing access to patient medical files. Through this integrative technology, patients can be confident that they will receive consistent, quality care at any CCMI clinic location.

For more information, visit www.completeconcussions.com.